

Prof. dr. J.P.H. (Jan) Hamers, RN, PhD, is a Full Professor of Care of Older People at Maastricht University in the Netherlands. He is deputy chairman of the department of Health Services Research and co-head of the multidisciplinary research program 'Ageing and Long-Term Care' at the Research School Caphri. Furthermore, he is the founder and chair of the Living Lab on Ageing and Long-Term Care, chair of the Scientific Committee of the Dutch Nursing Organization (V&VN) and Fellow of the European Academy of Nursing Science (EANS).

Research

Jan Hamers and his group conduct research focusing on the effectiveness of health care (e.g., physical restraint reduction and prevention, pain assessment in dementia, improving functional status and reducing disability) and on the organisation of the care process (e.g., quality of life and quality of care, best practices in dementia care, innovations in health care, nursing leadership). He is chairing the Living Lab in Ageing and Long-Term Care, which is a successful formal collaboration between Maastricht University, Zuyd University of applied Sciences and 7 organisations providing long-term care (100 care locations, 15.000 staff). Jan Hamers has been very successful in acquiring research grants (more than €8.000.000), and in managing and completing major research projects. He and his group have written many papers in scientific journals, professional journals, books et cetera. He is frequently invited as key note speaker at international meetings and scientific conferences, (guest) editor and reviewer for scientific journals and reviewer of major international research funding agencies.

Education

Hamers has been coordinator and member of many different module groups in the bachelor Health Sciences and European Public Health, and masters Nursing Sciences, Health Services Innovation, and Health Care Policy and Innovation Management, and supervisor of numerous master students. He has been chair of the Educational Committee Health Sciences at Maastricht University, and currently is leading the BSc-Health Sciences track 'Policy, Management and Evaluation of Care'.

Selection of recent publications:

- Afram B, Stephan, A, Verbeek, H, Bleijlevens MHC, Suhonen, R, Sutcliffe, C, Raamat, K, Cabrera, E, Soto, M, Hallberg IR, Meyer, G, **Hamers, JPH** (2014). Reasons for Institutionalization of People with Dementia: Informal Caregiver Reports from Eight European Countries. *JAMDA* 15:108-116
- Backhaus R, Rossum EV, Verbeek H, Halfens RJ, Tan FE, Capezuti E, **Hamers JP** (2017). Work environment characteristics associated with quality of care in Dutch nursing homes: A cross-sectional study. *Int J Nurs Stud*. 66:15-22.
- Backhaus R, van Rossum E, Verbeek H, Halfens RJ, Tan FE, **Hamers JP** (2017). Relationship between the presence of baccalaureate-educated RNs and quality of care: a cross-sectional study in Dutch long-term care facilities. *BMC Health Serv Res* 19;17(1):53.
- Beerens HC, Zwakhalen SM, Verbeek H, E S Tan F, Jolani S, Downs M, de Boer B, Ruwaard D, **Hamers JP** (2016). The relation between mood, activity, and interaction in long-term dementia care. *Aging Ment Health* 13:1-7.
- Beerens, HC, Sutcliffe, C Renom-Guiteras, A, Soto, M, Suhonen, R, Zabalegui, A, Bökberg, C, Saks, K, **Hamers, JPH** (2014) Quality of life of and quality of care for people with dementia receiving long-term institutional care or professional home care: the European RightTimePlaceCare study. *JAMDA* 15: 54-61.
- de Boer B, **Hamers JP**, Zwakhalen SM, Tan FE, Beerens HC, Verbeek H (2017). Green Care Farms as Innovative Nursing Homes, Promoting Activities and Social Interaction for People With Dementia. *J Am Med Dir Assoc* 18(1):40-46.
- de Boer B, Beerens HC, Zwakhalen SM, Tan FE, **Hamers JP**, Verbeek H (2016). Daily lives of residents with dementia in nursing homes: development of the Maastricht electronic daily life observation tool. *Int Psychogeriatr* 28(8):1333-43.
- Bleijlevens MH, Wagner LM, Capezuti E, **Hamers JP** (2016). International Physical Restraint Workgroup (2016). Physical Restraints: Consensus of a Research Definition Using a Modified Delphi Technique. *J Am Geriatr Soc* 64(11):2307-2310.
- Daamen MA, **Hamers JPH**, Gorgels AP, Brunner-La Rocca HP, Tan FE, van Diejen-Visser MP, Schols JM (2015). Heart failure in nursing home residents; a cross-sectional study to determine the prevalence and clinical characteristics. *BMC Geriatr* 16;15:167.
- den Ouden M, Bleijlevens MH, Meijers JM, Zwakhalen SM, Braun SM, Tan FE, **Hamers JPH**. (2015). Daily (In)Activities of Nursing Home Residents in Their Wards: An Observation Study. *JAGS* 16(11):963-8.
- Groven FM, Zwakhalen SM, Odekerken-Schröder G, Joosten EJ, **Hamers JP** (2017). How does washing without water perform compared to the traditional bed bath: a systematic review. *BMC Geriatr* 25;17(1):31.
- Gulpers MJ, Bleijlevens MH, Ambergen T, Capezuti E, van Rossum E, **Hamers JP**. (2013). Reduction of belt restraint use: long-term effects of the EXBELT intervention. *JAGS*, 61(1):107-12
- **Hamers JPH**, Bleijlevens MH, Gulpers MJ, Verbeek H. (2016). Behind Closed Doors: Involuntary Treatment in Care of Persons with Cognitive Impairment at Home in the Netherlands. *JAGS* 64(2):354-8.
- Kuk NO, den Ouden M, Zijlstra GA, **Hamers JP**, Kempen GI, Bours GJ (2017). Do nursing staff encourage functional activity among nursing home residents? A cross-sectional study of nursing staff perceived behaviors and associated factors. *BMC Geriatr* 14;17(1):18.
- Verbeek H, Zwakhalen, SMG, Schols, JMGA, **Hamers, JPH** (2013). Keys to successful embedding scientific research in nursing homes: a win-win perspective. *JAMDA* 14: 855-857.
- Verbeek H, Meyer G, Challis D, Zabalegui A, Soto ME, Saks K, Leino-Kilpi H, Karlsson S, **Hamers JPH** (2015). Inter-country exploration of factors associated with admission to long-term institutional dementia care: evidence from the RightTimePlaceCare study. *J Adv Nurs* 71(6):1338-50.