

Prof. Izabella Uchmanowicz, RN, PhD, FESC - is a nurse, specialist of cardiology and geriatric nursing. She is a Board Member of the Association of Cardiovascular Nursing & Allied Professions within the European Society of Cardiology.

Currently employed at Wroclaw Medical University in Poland as a Professor, she is also a Head of the Faculty of Postgraduate Studies at the Public Health Department.

Her research is mostly devoted to heart failure and the problems of patients living with the disease, mainly self-care and adherence to medication. She is especially interested in studies of elderly people with cardiovascular disorders, and her main interests are frailty syndrome and nutritional problems within this population.

She is involved in the European project RANCARE (Rationing of Nursing Care) from COST. The overall aim of this Action is to facilitate discussion about rationing of nursing care based on a cross-national comparative approach with implications for practice and professional development. This will be achieved by advancing collaboration and networking, and by integrating different disciplines and approaches including nursing, ethics and moral philosophy, health care studies in general, economics and social policy.